

## **EDUCATIONAL INFORMATION**

### **ASPEN Online Self-Assessment Program Modules**

#### **Course Goal and Target Audience:**

ASPEN's Self-Assessment online modules are designed to support interdisciplinary health care professionals seeking to assess their knowledge of specialized nutrition and metabolic support both in clinical practice and research settings. Committed to impacting patient wellness, ASPEN provides this interactive educational tool to enhance understanding of current evidence-based specialized nutrition and metabolic support.

#### **Objectives:**

- Identify areas of knowledge in specialized nutrition and metabolic support that require further study.
- Develop and integrate analytical thinking skills to improve clinical practice.
- Refine current clinical knowledge and practice to reflect recent advances in specialized nutrition support.
- Develop skills in interpreting medical literature.
- Increase proficiency in utilizing online resources and taking computerized examinations.

**Successful Completion:** To obtain credit for this course, attendees must complete an entire online module, attain a 60% correct score on the posttest and complete a program evaluation.

#### **ASPEN Self-Assessment Modules**

I V.4 - Nutritional Assessment  
IIA V.5 - Parenteral Nutrition  
IIB V.5 - Complications of Parenteral Nutrition  
IIIA V.5 - Introduction to Enteral Nutrition  
IIIB V.5 - Enteral Nutrition Administration, Monitoring, and Clinical Issues  
IV V.4 - Condition-Specific Nutrition Support  
V V.4 - Considerations in Nutrition Support of the Pediatric Patient  
VI V.4 - Considerations in Nutrition Support of the Older Adult  
VII V.4 - Home Nutrition Support  
VIII V.3 - Fundamentals of Nutrition and Metabolism

Note: V.5 after the module indicates the fifth version of the module (example, IIA V.5) and all fifth versions have been approved for CE credit for three years from the date of release. V.4 after the module indicates the fourth version of the module (example IV V.4) and all fourth versions have been approved for CE credit for three years from the date of release. V.3 after the module number indicates the third version of the module (example VIII V.3) and all have been approved for CE credit for three years from the date of release.

**Continuing Education Credit:** Each Self-Assessment Module provides two hours of continuing education credit, see discipline-specific data.

#### **Accreditation:**



#### **Dietitians**

ASPEN, Provider Number AM005, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive a maximum of **2** continuing professional education units (CPEUs) for completion of each module in this program. CDR level 2 / 3. Dietitians may post comments on this program on [www.cdrnet.org](http://www.cdrnet.org).

#### **Nurses, Pharmacists and Physicians**

In support of improving patient care, The American Society for Parenteral and Enteral Nutrition (ASPEN) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

ASPEN designates each enduring activity/study module for a maximum of 2.0 contact hours (0.2 CEUs) per activity. Knowledge activities.

ASPEN designates this enduring activity for a maximum of 2.0 *AMA PRA Category 1 Credits*™ per activity/study module. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ASPEN is approved by the California Board of Registered Nursing, Provider CEP 3970.

#### **ACPE UANs:**

Module I V.4: 0216-0000-17-136-H04-P  
Module IIA V.5: JA0002345-0000-19-074-H04-P  
Module IIB V.5: JA0002345-0000-19-075-H04-P  
Module IIIA V.5: JA0002345-0000-19-076-H04-P  
Module IIIB V.5: JA0002345-0000-19-077-H04-P  
Module IV V.4: 216-0000-17-072-H01-P  
Module V V.4: 0216-0000-17-073-H01-P  
Module VI V.4: 0216-0000-17-137-H04-P  
Module VII V.4: 216-0000-17-074-H01-P  
Module VIII V.3: 0216-0000-17-075-H01-P.

Knowledge activities.



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INTERPROFESSIONAL CONTINUING EDUCATION

#### **Policies/Information:**

**Non-Commercialism:** ASPEN subscribes to the ACCME Standards for Commercial Support. ASPEN does not provide programs that constitute advertisement or include promotional materials. ASPEN does not endorse any products.

#### **Release and Expiration Dates:**

- V.4 of Modules I, VI: Released September 12, 2017. Expires September 12, 2020.
- V.3 of Module VIII released March 13, 2017. Expires March 13, 2020.
- V.5 of Modules IIA, IIB, IIIA and IIIB: Released March 12, 2019. Expires March 12, 2022
- V.4 of Modules IV, V, VII: Released March 13, 2017. Expires March 13, 2020.

Computer requirements and technical support: Tech support, 210-816-0077 or help@digitaltangents.com.

**Minimum** computer: Internet connection at 28.8kps or higher; browser: IE6+, Firefox 1+, Opera 8+, Netscape 8+; browser set to accept cookies, Java and Java Script enabled; Adobe Flash Player 7 and Adobe Reader 7+ + (free from Adobe's website); screen resolution 800\*600.

**Refund Policy:** Refunds are not available if you have accessed the module content.

**Grievances:** Grievances must be submitted in writing to Director of Education and Research at ASPEN 8401 Colesville Road, Suite 510, Silver Spring, MD 20910.

**Planning Committee/Faculty Commercial Relationships Disclosures and Conflicts of Interest (COI)**

**V.5 revisions of modules IIA, IIB, IIIA, and IIIB during the time of module revision.**

Nothing to disclose: Ada Lin, Allison Beck, Amanda Gilhool, Amy Hurd, Elizabeth Mannon, Hannah Russell, Harlan Husted, Jenna Kelley, Jennifer Tomesko, Julie Geyer, Katie Braun, Kimberly Freeman, Laura Gollins, Leslie Goudarzi, Lynn Kline, Marisa Mozer, Mary Alice White, Melissa Stabler, Molly Goggans, Naureen Sajwani, Peter Lopez, Quintin Broussard, Raul Sanchez Leon, Ronelle Mitchell, Sarah Miller, Sonia Govil, Stephanie Davis, Tamara Gordon, Teresa Shurley

Allison Beck, Andrew Mays, Caitlin Rohrmann, Caroline Couper, Caylin Hughes, Corey Hawes, Denise Wax, Gregory Roberti, Harlan Husted, Jennifer Carvalho, Jennifer Tomesko, Julie Geyer, Kaitlyn Philipps, Katie Braun, Kelly Stapleton, Kristen Lach, Laura Gollins, Leah Hoffman, Lynn Kline, Melissa Stabler, Molly Goggans, Pak Hei Mak, Peter Lopez, Raul Sanchez Leon, Rebecca Knight, Stacey Roberts, Tamara Gordon, Teresa Shurley

**Planning Committee/Faculty Commercial Relationships Disclosures and Conflicts of Interest (COI) for V.4 revisions of modules I and VI during the time of module revision.**

Nothing to disclose: Allison Beck, Andrew Mays, Caitlin Rohrmann, Caroline Couper, Caylin Hughes, Corey Hawes, Denise Wax, Gregory Roberti, Harlan Husted, Jennifer Carvalho, Jennifer Tomesko, Julie Geyer, Kaitlyn Philipps, Katie Braun, Kelly Stapleton, Kristen Lach, Laura Gollins, Leah Hoffman, Lynn Kline, Melissa Stabler, Molly Goggans, Pak Hei Mak, Peter Lopez, Raul Sanchez Leon, Rebecca Knight, Stacey Roberts, Tamara Gordon, Teresa Shurley

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| Mara Lee Beebe | Honorarium/consultant fee from Nutricia Speaker's Bureau | Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. |
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| Mara Lee Beebe    | Honorarium/consultant fee from Nutricia Speaker's Bureau | Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. |
| Andree Richardson | Honorarium from Shire for consultant role                | Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. |

**Planning Committee/Faculty Commercial Relationships Disclosures and Conflicts of Interest (COI) for V.4 revisions of modules IV, V, VII and V.3 revisions of module VIII during the time of module revision.**

Nothing to disclose: Molly Goggans, Amy Shultz, Elizabeth Mannon, Stephanie Shea, Teresa Shurley, Katie (Schwartz) Braun, Janice Baker, Lindsay Frank Keeney, Julie Geyer, Mary Anne Kinart, Rebecca Knight, Andrew Mays, Kelly Roehl, Raul Sanchez Leon, Dianne Schifferli, Jon P. Schrage, Lynn Schulte, Melissa Stabler, Sally Tice, Jennifer Tomesko, Aisha Violette, Amber Verdell, Ceressa T. Ward, Denise Wax, Clarisa Webster

**Disclosures and COI and Resolution**

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|-----------|----------------------------|---|
| Dante Yeh | Research Grant from Nestle | Any potential COI resolved via the peer review process and/or exclusion from participation in topic specific components of the program. |
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